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METHODOLOGICAL GUIDE OF THE ITALIAN CULTURAL COURSE



PLAN

Objectives

Methodology

Results

INTRODUCTION

These guidelines were elaborated to facilitate the cultural course implementation in the partner countries. The course will consist of 8 modules, and each module will last 2,5 hours. In total, the course will last 20 hours. In every country, there will be 10 participants in the course.

After the focus groups, held in three partner countries – Italy has found that the following subjects would be essential to individuals of all backgrounds to be acquainted with in order to achieve a better societal understanding of the nation:

- **History**
- **Religion**
- **Traditions**
- **Cuisine**
- **National Holidays**
- **Politics**
- **Arts**

The goal of each is to be dynamic and interesting to the pupils, so the focus will be on the practical nature of each subjects, rather than a theory heavy introspection into the subjects. This is to give a better understanding of Italy with a focus on practicality so that the pupils can receive crucial knowledge beneficial to living in Italy, in a manner they would likely find interesting.

HISTORY

Objectives

The goal is to give participants a teaching on the history of Italy, its historical figures such as Mazzini and Garibaldi, in specific period of Risorgimento and L'Unità d'Italia.

Methodology

The YouTube video "<https://youtu.be/GIgGw00Ebil>" provides an overview of some aspects of Italian history for the participants.

The educator responsible for playing the video may pause it at times to give explanations.

Discussions surrounding the video are also encouraged once it ends.

In this case the educator writes a few notable events or historical aspects on the board or on a piece of paper. In a random manner, each pupil receives a topic which is then supposed to be researched in-depth and presented to the class.

Results

The goal here is to create a more vivid and interesting depiction of Italian history, historical figures, relevant events and cultural formation through history.

Critical thinking is also practiced through the participants researching Italian history.

They will practice their research skills, when searching for information for their presentations.

The course also encourages being social and discussing among others, and in this way the educator can create a pleasant atmosphere in which every participants helps one another see a different aspect of the historical topic being discussed.

Religion

Objectives

The goal will be for participants to learn about the religions in Italy, and their statistical prevalence.

Methodology

The video "https://youtu.be/ZoBDaCg_J7E" will help present some of the religions of Italy.

Each participant will be tasked with researching a religion they choose and what its characteristics are, before presenting it to the class.

The participants will here also be taken on a guided tour to see the Christian Cathedral in Cagliari, the Duomo.

Results

Participants will practice their presentational and listening skills and they will develop further the capability to understand how religions in Italy form and impact the country.



Traditions

OBJECTIVES

The goal is to teach the participants about different traditional aspects unique of the Barbaricino Carnival.

METHODOLOGY

The Barbaricino Carnival will be presented through: "https://youtu.be/ZoB DaCg_J7E" on YouTube.

An open discussion between the educator and the participants will help students reflect on the Sardinian traditions and how they are keep alive.

RESULTS

The participants will learn about the traditional aspects of Barbaricino Carnival, along with the ability to reflect upon and discuss these in an in-depth manner from a historical and cultural perspective.



Cuisine

Objectives

We want the participants to become experts in the creation of traditional Sardinian recipes, such as the creation of pasta “Malloreddus alla Campidanese”

With the help of a chef, we will guide the participants through the process of creating.

Methodology

To present the recipe, the participants will be shown the YouTube video titled “<https://youtu.be/UzltS6N8I-U>”

The participants will attend a master class from a chef to experience the paella preparation process and will then eat it all together.

Results

Knowledge on the history, uses and preparation of one of the most important recipes in Sardinian cuisine. They will also participate in the social activity of preparing food together.



National Holidays

| Objectives | Methodology | Results |
|---|--|---|
| <p data-bbox="228 365 509 506">Knowledge on traditional traditions and celebrations.</p> <p data-bbox="228 548 535 695">The goal is to have participants actively engage with the topics at hand.</p> | <p data-bbox="644 365 954 863">The participants will learn about the Most important days from the Italian History /traditions such as the 25th April Festa della Liberazione, 1st of May Festa dei lavoratori and 2nd of June Festa della Repubblica Italiana.</p> <p data-bbox="644 877 954 1056">In groups of two or three, five teams of participants will have to research about these topics.</p> | <p data-bbox="1060 365 1370 579">The participants will learn about main holidays of Italy and ways of celebrating them.</p> <p data-bbox="1060 621 1370 768">Practiced here are also research skills, teamwork and public speaking.</p> |

Politics

| Objectives | Methodology | Results |
|---|---|---|
| <p>The goal of the activity is to provide participants with knowledge on some of the current acting political figures, how they relate to Italian society, and the structure of Italian government.</p> | <p>The YouTube video "https://youtu.be/p-XV2XRsu7E" will present the Italian economic system.</p> <p>Among each other, the pupils will be tasked with discussing:</p> <ol style="list-style-type: none"> 1) Italian form of State 2) Italian form of Government 3) Requirement for citizenship 4) European | <p>The participants will receive an overview of prominent political figures and institutions.</p> <p>Teamwork, the ability to discuss, and a more reflective approach to political discourse are some of the key results from the activity.</p> |



Objectives

The goal is to give participants insight into one of the most well known arts movements founded in Italy at the end of the Middle Ages such as the Renaissance.

Methodology

The participants will be shown videos about the Leonardo da Vinci and his contribution to Renaissance development

<https://youtu.be/xoKJQIFXwMM>.

Furthermore, video tutorials of one of his famous paintings like "The Last Supper"

https://youtu.be/ZtUmP_xCE-g

The participants will then be asked to draw and paint following the Leonardo's techniques.

Results

Knowledge on Italian art and how Italian artists influence the rest of the world.

Knowledge of the global impacts of Renaissance art.

Practice of the main techniques on painting.



Links to be used:

History: <https://youtu.be/GIgGw00EbiI>

Religion: https://youtu.be/ZoBDaCg_I7E

Traditions: https://youtu.be/ZoBDaCg_I7E

Cuisine: <https://youtu.be/UzltS6N8I-U>

Politics: <https://youtu.be/p-XV2XRsu7E>

Arts: <https://youtu.be/xoKJOIFXwMM>

https://youtu.be/ZtUmP_xCE-g